

ATHLETIC CLIENT FIT FOR KNITS



WHO IS AN ATHLETIC FIT

Last Updated: June 23, 2021		
Neck	17.75	F
Overarm	56.00	L
Chest	45.00	F
Shirt Waist	35.00	L
Hips Shirt	42.50	V
Hips Trouser	42.00	S
Shoulder	19.00	T
Right Sleeve	35.50	F
Left Sleeve	35.50	L
Right Sleeve Short	22.00	S
Left Sleeve Short	22.00	S
Shoe Size	--	

- An Athletic Client has an extreme V shape.
- His drop from Chest to Shirt waist is 8" or higher.
- An Athletic client also has a large overarm to chest ratio, usually at least 10".

Taper is the difference between Chest and Shirt waist.
For this client that would be Chest (45") – Shirt waist (35")
for a Taper of 10".



ADJUSTING KNITS FOR ATHLETIC FIT CLIENTS

	Core Measurements ⓘ	Finished Measurements
Collar (Polo Only)	17.75	17.75
Chest	45.00 (+2.00)	47.00
Waist	35.00 (+6.50)	41.50
Hips	42.50 (+1.00)	43.50
Knit Length	30.00	29.00

Shoulder	19.00	19.00
Shoulder Slope		Standard
Right Sleeve (Long)	35.50	35.50
Left Sleeve (Long)	35.50	35.50
Left/Right Sleeve (Short)	22.00	19.00
Sleeve Fit		Fitted
Armhole Adjustment		0.00
Right Cuff / Sleeve Opening	7.50	9.50
Left Cuff / Sleeve Opening	7.50	9.50

- Start by creating a new Product Profile and launching the TAPE FIT ASSISTANT
- Next answer the TAPE QUIZ questions to generate a TAPE Fit suggestion
- Example at Left was created by selecting “Modern” for all the client’s Fit questions
- The TAPE Profile is adding 2” to Chest, 6.5” waist and 1” to hip to create a balanced shirt which can be worn untucked.
- Based on his preference however this client wants a tighter waist on his shirt to “squeeze” his body and emphasize his muscular chest and narrow waist



ADJUSTING KNIT PROFILE FOR ATHLETIC CLIENT

	Core Measurements ⓘ	Finished Measurements
Collar (Polo Only)	17.75	17.50
Chest	45.00 (+1.00)	46.00
Waist	35.00 (+5.00)	40.00
Hips	42.50 (-0.50)	42.00
Knit Length	30.00	30.00
Shoulder	19.00	19.00
Shoulder Slope		Standard
Right Sleeve (Long)	35.50	35.50
Left Sleeve (Long)	35.50	35.50
Left/Right Sleeve (Short)	22.00	18.50
Sleeve Fit		Extra Fitted
Armhole Adjustment		0.00
Right Cuff / Sleeve Opening	7.50	9.00
Left Cuff / Sleeve Opening	7.50	9.00

- Based on the client's preference, we can adjust the TAPE recommendation
- Reduce the chest ease to (+1)
- Reduce the waist ease to (+5)
- Reduce the hip to a (- 0.50)
- It is ok to reduce the hip this much on a knit because the knit will not be falling over the widest part of the client's seat
- REMEMBER: these adjustments create a very tight fit for a client who has requested that look
- For recommendations on a more standard "slim" Knit please see: Building a Split Front Knit based on a confirmed dress shirt